

## Enhancing Cultural Competence Skills to Address Disparities in Depression

Thursday, September 28, 2006 • 6:30–8:00 PM

Hilton Washington DC/Silver Spring, 8727 Colesville Road, Silver Spring, MD



Dear Colleague,

There are striking disparities in mental health care for members of ethnic and racial minorities, particularly those with depression—as many as 10% of patients seen in primary care settings. Myriad issues must be addressed to resolve these disparities and enhance outcomes for patients with depression. Enhancing cultural competence will allow physicians to communicate more effectively with their patients and consequently facilitate appropriate detection, diagnosis, treatment, and follow-up of depression.

Please plan to join us September 28 for an educational program to help you improve outcomes for your minority patients with depression. The workshop will precede the business meeting of the Medico-Chirurgical Society of DC.

This activity has been designed to meet the educational needs of primary care physicians who treat adults with depression. Tawara D. Goode, MA, Director of the National Center for Cultural Competence and Associate Director of Georgetown University Center for Child and Human Development, will discuss the relevance and application of cultural and linguistic competence to addressing disparities in depression care. This interactive workshop will include interesting video clips and a self-assessment exercise to encourage participants to evaluate their own cultural competence. Resource lists for further study will be provided.

*After participating in this workshop, physicians will be better able to:*

- Explain the importance of cultural factors in managing patients with depression
- Describe cultural competence skills useful in addressing disparities in depression
- Identify their own professional development needs related to cultural competence

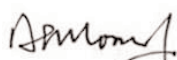
This activity has been planned in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the co-sponsorship of the Division of CME, Vanderbilt University School of Medicine, and University of Alabama School of Medicine, and jointly sponsored with Indicia Medical Education, LLC. Vanderbilt University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. Vanderbilt School of Medicine designates this educational activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should only claim credit commensurate with the extent of their participation in the activity. The speaker's and planners' financial relationships will be disclosed to the audience at the beginning of the meeting.


There is no fee for this educational activity, which is supported by an educational grant from Wyeth Pharmaceuticals.

Registration and dinner will begin at 6:30 PM. The educational program will begin at 7:00 PM and the business meeting will start at 8:00 PM. **Please complete and return the attached registration form by September 22** to guarantee your participation in this workshop.

We look forward to seeing you on September 28 and to an informative and practical program.

  
Karen M. Overstreet, EdD, RPh  
Indicia Medical Education, LLC

  
Donald E. Moore, Jr., PhD  
Vanderbilt University  
School of Medicine  
Division of CME

  
Robert E. Kristofco, MSW  
University of Alabama  
School of Medicine  
Division of CME

Co-sponsored by Vanderbilt University School of Medicine and the University of Alabama School of Medicine;  
jointly sponsored with Indicia Medical Education, LLC



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**Wyeth**

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### Registration Form

Space for this program is limited. Please fax this completed form to Mary McAdams at (215) 361-6076.  
Please print clearly.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Credentials: \_\_\_\_\_ Specialty: \_\_\_\_\_

Affiliation: \_\_\_\_\_

Business Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP Code: \_\_\_\_\_

Business Phone: \_\_\_\_\_ Business Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Special Needs or Requests: \_\_\_\_\_

To ensure that this CME activity meets your educational needs, you are invited to submit any compelling questions in advance.

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What do you hope to learn from this symposium?

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For any additional information, please contact Mary McAdams at (215) 855-9090.

You will not receive a confirmation letter.

### Americans With Disabilities Act

Event staff will be glad to assist you with any special needs (eg, physical, dietary, etc).  
Please contact Mary McAdams at (215) 855-9090 prior to the program.